

Worcestershire Health & Care NHS Trust are working hard to make sure that wherever possible all aspects of the CAMHS provision is continuing to be delivered. They are having to be creative and use means of communication other than face to face, except in exceptional circumstances, in order to prioritise safety. This includes R4W, CAST and specialist CAMHS. The service along with their IT colleagues are working hard to implement the digital provision so that 'virtual' groups and 1:1 work can be included in the offer.

Below is a list of our current social media platforms which we are posting regular information on, please can you share:

Twitter Emotional Health and Wellbeing: @CamhsWhct CAMHS DBT: @WHCT\_CAMHS\_DBT R4W: @WHCT\_R4W CAST: @CamhsClaire CAMHS LD: @WHCT\_LDCAMHS

Instagram @Whct\_CAMHSEmotionalWellbeing

Parents and Young People who are currently open to CAMHS can contact Worcestershire Health & Care NHS Trust for additional support and advice in the event of a deterioration in the young person's mental health. For more information on services available and how to contact them please visit: <https://www.hacw.nhs.uk/camhs/>.